

Herbal Tea

TIBENA®

Steep The Abundance

Slumber

SWEET DREAMS

COMFORTING SOOTHING RELAXING

3 ANCIENT ADAPTOGENS

Adaptogens are non-toxic plants that help the body resist stressors of all kinds, whether physical, chemical or biological. These herbs and roots have been cherished for centuries in Chinese and Ayurvedic healing traditions.



ASHWAGANDHA ROOT

Studies have shown Potential Benefits:

- May help Balance Cortisol Levels
- May help Reduce Stress, Anxiety, and Fatigue
- May help Reduce Symptoms of Depression
- May help Boost Brain Function
- May help Reduce Inflammation
- May help Modulate the Immune System
- May help Increase Men and Women's Sexual Health
- May help Promote Restful Sleep



REISHI MUSHROOM

Studies have shown Potential Benefits:

- May help Support Liver Health
- May help Calm and Protect the Central Nervous System
- May help as an Immune System Modulator
- May help with Immunity
- May help with Heart Health
- May help Soothe Nerves
- May help with Restful Sleep
- May help with Insomnia
- May help with Calming and Centering



SCHISANDRA BERRY

Studies have shown Potential Benefits:

- May help Support Brain and Cognitive Support
- May help Digestive Support
- May help Energy Support
- May help Immune Support
- May help Liver and Cleanse Support
- May help Sleep Support
- May help Stress Support
- May help Heart Support
- May help Circulation
- May help Rejuvenate the Nervous System
- May help Relieve Insomnia.

5 Calming, Soothing, Tranquil, Comforting and Relaxing Herbs:



NATURAL HONEY FLAVOR WOLF

Studies have shown Potential Benefits:

Natural Honey Flavor is a Natural Flavoring System with other Natural Flavors.

- Natural Flavors are extracted from plants. Honey Flavor WOLF.
- Natural is an aromatic and floral honey flavor which helps to increase sweetness perception without spiking your insulin or raising your blood sugar levels.
- It has characteristic taste and smell of honey.



STEVIA

Studies have shown Potential Benefits:

May help Support Weight Management

- May help Improve Cholesterol levels
- May help Balance Hypertension
- May help Regulate Blood Sugar levels
- May help Prevent Cavities and Gingivitis
- May help Boost Bone Health



CHAMOMILE FLOWERS

Studies have shown Potential Benefits:

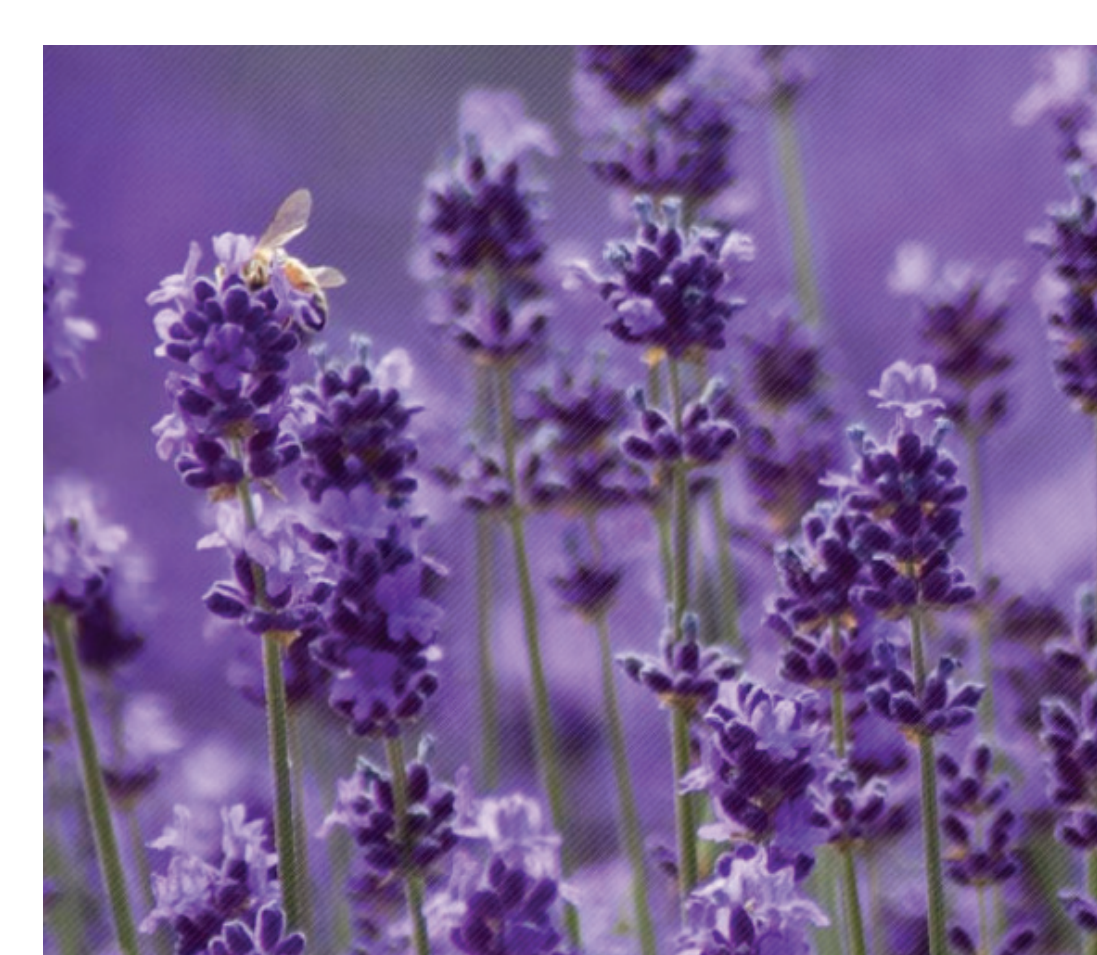
- May help Soothe Anxiety
- May help with Sleep and Relaxation
- May help Calm Inflammation
- May help with Heart Health
- May help Relieve Stress
- May help Improve Digestion
- May help Strengthen the Immune System



PASSION FLOWER

Studies have shown Potential Benefits:

- May help Improve Sleep
- May help Reduce Inflammation
- May help Soothe and Calm Anxiety
- May help Reduce Stress
- May help Balance Blood Sugar
- May help Reduce the effects of Menopause
- May help Soothe Stomach
- May help with Attention-Deficit Hyperactivity Disorder
- May help Promote Calmness, Balance, and Wellbeing



LAVENDER FLOWERS

Studies have shown Potential Benefits:

- May help Reduce Age-Related Anxiety
- May help Reduce Anxiety and Stress
- May help Improve Mood
- May help Soothe Digestive Issues
- May help Induce Calm
- May help Calm Brain Function
- May help Reduce Inflammation
- May help Boost Immune Health
- May help Detoxify the Body
- May help Alleviate Muscle Soreness
- May help Promote Restful Sleep
- May help Improve Sleep