

Herbal Tea

TIBENA[®]

Steep The Abundance

Slumber

SWEET DREAMS

**COMFORTING
SOOTHING
RELAXING**



END YOUR DAY WITH A RELAXING CUP OF SLUMBER TISANE, HERBAL TEA. CALMING YOUR MIND AND BODY WITH SOOTHING, TRANQUIL CHAMOMILE, COMFORTING PASSION FLOWER, AND THE SWEET AROMA OF RELAXING LAVENDER. MASTERFULLY BLENDED ADAPTOGENIC HERBS OF ASHWAGANDHA ROOT, REISHI MUSHROOM, AND SCHISANDRA BERRIES DELIVER GENTLE RELIEF BY HELPING TO REDUCE STRESS DELIVERING HEALTHY, RESTORATIVE SLEEP AND RELAXATION. ADAPTOGENS HELP REGULATE THE PRODUCTION OF CORTISOL, REDUCING STRESS. A RELAXED, LESS STRESSFUL BODY ALLOWS FOR A BETTER AND MORE REJUVENATING SLEEP.

Contact Info

Brewing Instructions



Pour 8 oz. freshly boiled water over 1 sachet of Slumber.



Steep 5 to 10 minutes.



Squeeze sachet to ensure maximum goodness simplified. Enjoy!

3 ANCIENT ADAPTOGENS



ASHWAGANDHA ROOT



REISHI MUSHROOM



SCHISANDRA BERRY

5 Calming, Soothing, Tranquil, Comforting and Supporting Herbs:

Chamomile Flowers, Passion Flower, Natural Honey Flavor WONF, Lavender Flowers, Stevia Extract



DISCLAIMER:

If pregnant, nursing, taking medication, or have a medical condition consult your physician before use.