

Herbal Tea

TIBENA®

Steep The Abundance

Vitalitea

MORNING SLIMMING DELIGHT  
ENERGY | FOCUS | WEIGHT MANAGEMENT

GUAYUSA  
(GWHY-YOU-SA)

Delivering balanced energy from a rare and sacred plant of the Amazon Rain Forest.  
Studies have shown Potential Benefits:

- May help Boost Energy and Mental Clarity
- May help Boost Cardiovascular Health
- May help Boost the Immune System
- May help Digestive Processes
- May help Weight Management

### 3 ANCIENT ADAPTOGENS

Adaptogens are non-toxic plants that help the body resist stressors of all kinds, whether physical, chemical or biological. These herbs and roots have been cherished for centuries in Chinese and Ayurvedic healing traditions.



RHODIOLA ROSEA

Studies have shown Potential Benefits:

- May help your Body Burn Fat and Boost Immunity
- May help Reduce Fatigue and Anxiety
- May help Assist with Brain Health, Memory and Learning
- May help with Cardiovascular health and Weight Management
- May help Increase Energy, Endurance, Strength & Mental Clarity
- May help Reduce Stress and Muscle Stiffness



CORDYCEPS

Studies have shown Potential Benefits:

- May help Boost Energy and Body Metabolism
- May help Weight Management and Reduce Inflammation
- May help Enhance Athletic Performance and Immunity
- May help Manage Anxiety and Combat Fatigue
- May help Enhance Cognitive Function and Memory
- May help the Endocrine System and Balance Hormones



HOLY BASIL

Studies have shown Potential Benefits:

- May help Balance Stress, Reduce Pain and Calm Inflammation
- May Help Enhance Cognition and Memory
- May help Lower Blood Corticosterone and Relieve Anxiety
- May help Balance Blood pressure and Blood Sugar Regulation
- May help Promote Immune System and Adrenal Fatigue
- May help Protect Liver, Promote Relaxation

### 9 Invigorating, Stimulating, Energizing, Warming Herbs



GREEN TEA

Studies have shown Potential Benefits:

- May help Boost your Metabolic Rate help Weight Management
- May help Fat Burning & Improve Physical Performance
- May help you Live Longer and Provide an Energy Boost
- May help Cognitive Functions, Heart Health, and Dental Health



CARDAMOM SEEDS

Studies have shown Potential Benefits:

- May help with Weight Management and Boost Metabolism
- May help Reduce Oxidative Stress and Inhibit Infections
- May help Metabolic Syndrome and help Balance Blood Pressure
- May help Lower Inflammation, Soothe Digestion
- May help Bad Breath & help Prevent Cavities
- May help Heart Health and help Reduce Hypertension
- May help Reduce Stress-induced Cognitive Impairment



CINNAMON

Studies have shown Potential Benefits:

- May help Metabolism, Weight Management and Fight Infections
- May help Balance Blood Sugar and help Repair Tissue Damage
- May help with Inflammation, Immune Health, and Heart Health
- May help Protect from Oxidative Damage
- May help with Bacterial, Fungal Infections and Colon Health
- May help Cognitive Functions and Neurodegenerative Conditions



BUTTERFLY PEA FLOWER

Studies have shown Potential Benefits:

- May help Protect the Skin against Premature Aging
- May help with Inflammation and Slow the Aging process
- May help Increase Vitality and Overall Well-Being
- May help Enhance Cognitive Function, Eye and Heart Health
- May help with Stress and help Lower Infections
- May help with Collagen Production, Skin Hydration, Hair & Nails



ROOBOS TEA

Studies have shown Potential Benefits:

- May help Protect against Inflammation help Improve Heart Health
- May help with Weight Management, Digestion, and Bone Health
- May help Improve the Appearance of the Skin
- May help Alleviate Pain and help with Allergies
- May help Balance Blood Sugar Levels
- May help Strengthen the Immune System



GREEN TEA EXTRACT

Studies have shown Potential Benefits:

- May Promote Heart Health and help Reduce Inflammation
- May Help Protect Brain cells from Oxidative Stress
- May help with Weight Management and Thermogenesis
- May help Improve Skin Health and help Balance Blood Sugar
- May help Improve Exercise Performance
- May help Benefit Liver Function



GINGER ROOT

Studies have shown Potential Benefits:

- May help Balance Blood Pressure
- May help Metabolism, Weight Management, and Circulation
- May help Increase Libido, Eyesight, Heart Health
- May help Gastrointestinal Issues, Nausea and Support Digestion
- May help Heart Performance, Mental Sharpness and Supple Skin
- May help Soothe Joint Pain, Heartburn and help Detox the Body
- May help Improve Digestion, Reduce Inflammation and Pain



STEVIA

Studies have shown Potential Benefits:

- May help Support Weight Management
- May help Improve Cholesterol levels
- May help Balance Hypertension
- May help Regulate Blood Sugar levels
- May help Prevent Cavities and Gingivitis
- May help Boost Bone Health



CAYENNE

Studies have shown Potential Benefits:

- May help Stimulate Circulation, Detoxify and Reduce Acidity
- May help Cardiovascular Health and Lower High Cholesterol
- May help Metabolism, Weight Management & Thermogenesis
- May help Symptoms related to Allergies & help Clear Congestion
- May help prevent the formation of Fungal Pathogens
- May help Digestion, assist in Easing Ulcers and Upset stomachs
- May help Relieve Joint and Nerve pain