

Herbal Tea

TIBENA®

Steep The Abundance

3 Ancient Adaptogenic Herbs



Korean Red Panax Ginseng

Powerful Adaptogen

Studies have shown Potential Benefits:

- May Improve Mood and Reduces Stress
- May Improve Brain Function
- May Improve Antioxidant Levels
- May help with Weight Loss and Weight Management
- May Improve Libido
- May help boost Immune System



Milk Thistle

Powerful Adaptogen

Studies have shown Potential Benefits:

- May help with Liver Detoxification & Health
- May help Lower High Cholesterol
- May help boost Skin Health
- May help with Anti-Aging



Tribulus Terrestris Fruit

Powerful Adaptogen

Studies have shown Potential Benefits:

- May help support healthy testosterone levels
- May improve libido and prostate health
- May help support muscle development and metabolism

9 Gentle & Companion Herbs



Blessed/Holy Thistle

Studies have shown Potential Benefits:

- May help relieve indigestion
- May help improve immune system
- May help the body in cleansing with excess water and salt
- May aid in cleansing the liver and kidney



Hibiscus Flower

Studies have shown Potential Benefits:

- Natural source of hydroxycitric acid (HCA)
- May help support healthy metabolism
- May help maintain healthy cholesterol



Marshmallow

Studies have shown Potential Benefits:

- May improve digestion
- Is Rich in calcium, zinc, iron, sodium, iodine, vitamin B complex, and pantothenic acid



Papaya

Studies have shown Potential Benefits:

- May aid as a powerful Antioxidant
- May help with treating gastrointestinal tract disorders
- Contains a chemical called papain which may help break down proteins, carbohydrates, and fats.



Ginger

Studies have shown Potential Benefits:

- May aid digestion, nausea, and circulation



Chamomile

Studies have shown Potential Benefits:

- May lower stress levels and aid in sleep
- May boost the immune system
- May alleviate gastrointestinal issues



Persimmon Leavest

Studies have shown Potential Benefits:

- May help promote healthy metabolism
- May aid as a Natural cleanser and antihistamine
- Does Contain flavonoids, vitamin C, choline carotenoids, amino acids, rutin and tannins.



Malva Leaves

Studies have shown Potential Benefits:

- May be an Anti-inflammatory
- May improve Decongestant, humectant, expectorant, gentle laxative, and anti-histamine



Jasmine Pearls

Studies have shown Potential Benefits:

- May aid as an Antioxidant
- May aid as an Antibacterial
- May help improve cardiovascular health, stress relief, and joint pain
- May help increase metabolism and improves digestion to support weight management